



Post operative instructions for Laser Surgery of the Cervix and Vagina

Pain

Pain is usually minimal. If discomfort occurs, use acetaminophen (such as Tylenol) or ibuprofen (such as Advil) as directed. Avoid aspirin. Other medications you were taking before the surgery are generally restarted after surgery, but please review your medication instructions and ask if you have any questions about this.

Diet/Activity

There are no dietary restrictions. After recovery from anesthesia is complete, there are no activity restrictions except those listed below under "Wound Care". You may return to work/school in _____.

Wound Care

Complete healing requires 5 to 6 weeks. Begin use of Aci-jel vaginal jelly (available over the counter) starting one week after your surgery. Insert one applicatorful into the vagina twice per day for two weeks.

Refrain from using tampons, douching or intercourse for _____ weeks.

Things to watch and call for:

If you develop a fever greater than 100.0 degrees.

If you notice pus or foul smelling drainage from your vagina.

If you have trouble urinating, burning when you urinate, or feel the need to urinate very often.

Please call if you have any concerns or questions not covered here.

Return or a post-operative visit in _____

Your Signature: _____ Date: _____

Physician Signature: _____ Date: _____

Nurse Signature: _____ Date: _____